

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Riaan Du Plessis**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2019 #3**

held at Cowhouse Market.

**TIME 01:22:33**

**PACE 15.99km/h**

**GENDER 16 of 32**

**OVERALL 19 of 52**

**35 TO 39 2 of 11**

02 June 2019, Sun

Date

*BoutTime*

Signature